

VT WIC Minimum Inventory Standard for Grocery Chains and Large Independent Grocers

Use this checklist to determine if your store meets VT WIC's required minimum inventory, and to periodically check/monitor your stores compliance with the standards.

Date _____ Store _____ Reviewer _____

CATEGORY	QUANTITY	SIZE/CONTAINER	TYPE	TOTAL THIS CATEGORY	Variety Requirement Met? Y/N	Quantity Req Met? Y/N	Meets MI Standard? Y/N
JUICE				Total 38 juice			
	12, min 2 varieties	64 oz fluid	Any WIC approved, shelf stable or refrigerated				
	12, min 2 varieties	48 oz fluid	Any WIC approved shelf stable				
	8, min 2 variety	11.5/12 oz frozen	Any WIC approved frozen concentrate				
	6, min 1 variety	16 oz frozen	WIC approved frozen orange juice				
CEREAL				Total 39 cereal			
	9 X 3 varieties whole grain	9 oz boxes, min weight	Any WIC approved				
	6 X 2 varieties non-whole grain	9 oz boxes, min weight	Any WIC approved				
MILK				Total 38 milk			
	10	Gallons	WIC-approved Lowfat (1%), or skim (fat free) fluid milk				
	6	Gallons	WIC-approved Whole fluid milk				
	8	Half Gallons	WIC-approved Lowfat (1%), or skim (fat free) fluid milk				
	4	Quarts	WIC-approved Lowfat (1%), or skim (fat Free) fluid milk				
	2	Quarts	WIC-approved whole fluid milk				
	4	Half Gallons	WIC-approved Lactose Free Lowfat fluid milk				

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	4	Half Gallons	WIC-approved Lactose Free Whole fluid milk				
YOGURT				Total 16 yogurt			
Low-fat	10	32 oz tubs	Any WIC approved Lowfat (1%), or skim (fat free) yogurt				
Whole	<u>and</u> 6	32 oz tubs	Any WIC approved Whole milk yogurt				
SOYMILK BEVERAGE				Total 12 soy beverage			
	6	32 oz Shelf-stable	Any WIC approved fortified Soymilk Beverage				
	6	<u>and</u> 64 oz Refrigerated					
TOFU				Total 8 tofu			
	8	14 -16 oz package	Any WIC approved tofu				
CHEESE				Total 8 pounds cheese			
	8 lbs, min 2 varieties	8 oz and/or 16 oz blocks/bricks	Any WIC approved cheese				
EGGS				Total 8 dozen eggs			
	8	dozen	Any WIC approved eggs				
BEANS, PEAS, LENTILS (LEGUMES)				Total 16 cans OR 4 bags legumes			
	8 X 2 varieties	15-16 oz cans	Any WIC approved canned legumes				
	OR 2 X 2 varieties	1 pound bags	Any WIC approved dried legumes				
PEANUT BUTTER				Total 18 jars PB			
	18	16-18 ounce jars	Any WIC approved peanut butter				
TUNA OR SALMON				Total 12 cans fish			
	12	5 oz cans	Any WIC approved canned fish				
WHOLE GRAINS				Total 30 whole grain items			
Bread	18 X 3 varieties	16 oz loaves	Any WIC approved bread				
Brown Rice	6	1 lb box/bag	Any WIC approved brown rice				

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Tortillas	6	16 oz package	Any WIC approved tortillas				
Pasta	6	1 lb box/bag	Any WIC approved pasta				
FRUITS							
Fresh	8 varieties	fresh	Any WIC approved fresh fruits	Total any quantity of 8 varieties fruits			
Canned / frozen	8 varieties	canned or frozen	Any WIC approved canned/frozen fruits	Total any quantity of 4 varieties fruits			
VEGETABLES							
Fresh	8 varieties	fresh	Any WIC approved fresh veggies	Total any quantity of 8 varieties veggies			
Canned / frozen	8 varieties	canned or frozen	Any WIC approved canned/frozen veggies	Total any quantity of 8 varieties veggies			
INFANT FORMULA				Total 36 cans formula			
	36	cans	Abbott Similac Advance Powder 12.4 oz can: UPC 070074559582				
INFANT FRUITS				Total 36 jars fruits			
	36, min 3 varieties	4 oz jars	3 varieties WIC approved infant fruits				
INFANT VEGETABLES				Total 36 jars veggies			
	36, min 3 varieties	4 oz jars	3 varieties WIC approved infant vegetables				
INFANT MEATS				Total 24 jars meats			
	24, min 2 varieties	2.5 oz jars	2 varieties WIC approved infant meats				
INFANT CEREAL				Total 8 boxes cereal			
	8	8 oz boxes	Any WIC Approved infant cereal				